

A local service helping families find the best care options for their loved ones

HOW A LONG-TERM CARE ADVISOR CAN HELP

I understand how finding care for your loved one can be an overwhelming and emotional process. I can walk you through the process of finding the best long-term care options for your loved one.

Here is how I can help you:

Individual consultations

Evaluate physical, social and cognitive care needs

Determine best assisted living options, based on needs and financial resources

Coordinate additional resources as needed

I am committed to helping you find the best options that will allow your loved ones to age with dignity and comfort.

505-798-0800



FREE

LONG-TERM CARE SOLUTIONS FOR SENIORS

We assist in determining care and lifestyle needs and provide guidance to move forward with the most appropriate option based on your budget.



FREE Long-term Care Consult for Seniors



JOANN MERCURE
LONG-TERM CARE
ADVISOR

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How Far Will Your Budget Go?

	Average Monthly Cost ¹	Average Annual Cost ²	\$100,000 Number of Years Covered	\$200,000 Number of Years Covered	\$300,000 Number of Years Covered
Assisted Living Facility Studio	\$3,600	\$43,200	2.3	4.6	6.9
Assisted Living Facility 1 Bedroom	\$4,173	\$50,076	2.0	4.0	6.0
Assisted Living Facility Couple	\$5,683	\$68,196	1.5	2.9	4.4
Home Care Assisted Living 7 days/wk	\$2,800	\$33,600	3.0	6.0	8.9
Home Care Assisted Living 5 days/wk (M-F)	\$2,300	\$27,600	3.6	7.2	10.9

Where Your Care Dollars Are Really Going

	Average Monthly Cost ¹	Care Giver/Patient Ratio ²	Personal Care Hours per Day ³	Estimated Cost of Personal Care/Month ⁴	Estimated Monthly Room/Board Expense ⁵	Total Annual Expense	Estimated Annual Room/Board Expense	% of Fees for Room/Board
Assisted Living Facility Studio	\$3,600	1:12	1	\$660	\$2,940	\$43,200	\$35,280	82%
Assisted Living Facility 1 Bedroom	\$4,173	1:12	1	\$660	\$3,513	\$50,076	\$42,156	84%
Assisted Living Facility Couple	\$5,683	1:12	1	\$660	\$5,023	\$68,196	\$60,276	88%
Home Care Assisted Living 7 days/wk	\$2,800	1:1	up to 4	\$2,800	\$0	\$33,600	\$0	0%
Home Care Assisted Living 5 days/wk (M-F)	\$2,300	1:1	up to 4	\$2,300	\$0	\$27,600	\$0	0%

- 1 Genworth 2016 Cost of Care NM average used for Assisted Living Facilities studio. ALF 1 Bedroom and Couple rates obtained through data compiled Feb '17 from various facilities in Albuquerque and averaged.
- 2 The minimum direct care staff to patient ratios minimum requirement in Assisted Living Facilities in NM is 1:15, with an average of 1:12.
- 3 Given this average and caregiver work shifts, each assisted living resident only receives 1 hour of personal care each day.
- 4 With average care cost at \$22 per hour, an Assisted Living Facility patient is paying \$660 a month for care for 1 hour per day in a 30-day month.
- 5 After care fees, remaining fees are allocated to room and board (i.e., building mortgages and maintenance, etc.)